

Summer Schedule July & August 2025 (Jul 1st - Aug 28th)

	Monday	Tuesday	Wednesday	Thursday	Friday
4:00 - 4:45pm				Women Kickboxing	
4:45 - 5:30pm		KIDS & JEDI KARATE		KIDS & JEDI KARATE	
5:35 - 6:10pm		Powerhouse		Powerhouse	
6:15 - 7:15pm		Karate (youth/adults)		Karate (youth/adult)	
7:15 - 8:15pm		Kickboxing		Kickboxing	

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